



ROMAN CATHOLIC
DIOCESE of ORANGE

GENDER IDENTITY RESOURCES

This curated list of resources has been developed to equip leaders who accompany others through difficult or conflict laden issues with the following:

- A Catholic understanding of what it means to be a human person
- Ways to listen empathetically
- Curated materials and resources for their communities
- Understanding of the limitations of their role and when to refer out
- List of professionals to refer to



CHURCH TEACHINGS ON GENDER

- [Doctrinal Note 2023](#)
- [Male and Female He Created Them](#)

HOW TO HAVE CONVERSATIONS ON SENSITIVE TOPICS & ROLE-PLAYING PROMPTS

- [Talking to Kids about Tough Topics](#)
- [Person & Identity Project's FAQ](#)



- [Discover-Sophia Institute- Transgender](#)
- [Talking to Kids about Tough Topics](#)

LINKS TO OUTSIDE SUPPORT

- [Catholic Mental Health Ministries](#)
- [Catholic Therapists](#)



RECOMMENDED READING /VIDEOS

- [EWTN - 5 Part Miniseries](#)
- [Ignatius Press - The Genesis of Gender](#)