

### **Mission Hospital Laguna Beach**

31872 Coast Hwy  
Laguna Beach, CA 92651  
*Living Life Again* Support Group  
11-week Course / 3 times per year  
For more information, contact: (949) 499-7133

### **Saddleback Church**

1 Saddleback Pkwy.  
Lake Forest, CA 92630  
*Grief Share* 13 week program  
Coordinator: Elaine, (949) 609-8392  
[elaineq@saddleback.com](mailto:elaineq@saddleback.com)

*Empty Arms* Support Group - For families who have suffered the loss of a child from miscarriage or stillbirth. Meets Sundays  
Contact: (949) 609-8370

### **St. Jude Community Services**

130 Bastanchury Rd.  
Fullerton, CA 92835  
*Healing Hearts After Loss*  
Online and in-person options  
For more information, call (877) 459-3627

### **VITAS Healthcare Grief Support Groups**

Support groups that are open to all Orange County residents meet in the cities of Anaheim, Fullerton, Laguna Woods, Mission Viejo, Cypress, Aliso Viejo and Irvine. Registration and more detailed information including dates and locations can be found at their website: [www.vitas.com](http://www.vitas.com)



### **With Hope Foundation**

Suicide Bereavement Support Groups  
Online Meetings: 1st & 3rd Mondays  
In-person Meetings: 2nd & 4th Mondays  
Contact: Heather Cram at (714) 524-1996

### **Didi Hirsch Mental Health Services**

Orange County Center  
2021 East 4th Street, Ste 204  
Santa Ana, CA 92705  
*Survivors After Suicide Attempt Support Group*  
8-week program for adults only.  
For information/to register, call (714) 547-0885

*Suicide Bereavement Support Group*  
8-week program for anyone who has lost someone to suicide  
For information, call (714) 546-0885

### **SOS (Survivors of Suicide) Orange County**

First Baptist Church of Garden Grove  
12761 Euclid St  
Garden Grove, CA 92840  
Support for any adult survivor of a loved one who has died by suicide.  
Meets 1st and 3rd Sundays monthly— 1:30-3:30pm  
Contact: Jeri Livingstone at (714) 539-1429 or [jandktoo@socal.rr.com](mailto:jandktoo@socal.rr.com)  
Website: [www.survivorsof suicide.us](http://www.survivorsof suicide.us)



This information is brought to you by



13280 Chapman Avenue  
Garden Grove, CA 92840  
[rcbo.org/familylife](http://rcbo.org/familylife)

More updated information may be available online at [rcbo.org/bereavement-grief](http://rcbo.org/bereavement-grief)  
(Revised 04/28/2022)



Roman Catholic  
Diocese of Orange

## ***Bereavement & Grief Support Groups***



## **Parish Grief Support Groups**

### **Anaheim Hills**

#### **San Antonio de Padua Catholic Church**

5800 E Santa Ana Canyon Rd  
Anaheim CA 92807  
1st & 3rd Saturdays of each month, 9:30-11 am  
in Conference Rm #1  
Contact: Elizabeth Bicknell at (714) 279-9180

### **Buena Park**

#### **St. Pius V Catholic Church**

7691 Orangethorpe Avenue  
Buena Park, CA 90621  
1st & 3rd Mondays of each month, 7:30 pm in  
Nativity Room  
Coordinator: John Alba at (714) 523-5242

### **Costa Mesa**

#### **St. Joachim Catholic Church**

1964 Orange Avenue  
Costa Mesa, CA 92627  
Contact: Elsa Salgado at (714) 790-9861

## Cypress

### **St. Irenaeus Catholic Church**

5201 Evergreen

Cypress, CA 90630

Grief Share Group 13-week sessions

Contact: Jennifer Dagarag at

jdagarag@sticypress.org or see [griefshare.org](http://griefshare.org)

## Fullerton

### **St. Mary's Catholic Church**

400 W Commonwealth

Fullerton, CA 92832

Grief Share Support Group, Tuesdays 7-9 pm

Contact: Dcn Tony Mercado at (714) 525-2500

## Huntington Beach

### **St. Bonaventure Catholic Church**

16400 Springdale St.

Huntington Beach, CA 92649

Grief Support – weekly on Thursdays 7 pm

Contact: Louise Dow at (714) 846-3359

## Irvine

### **St. John Neumann Catholic Church**

5101 Alton Parkway

Irvine, CA 92604

Tuesdays weekly at 9:30 am

Contact: Jane Roschmann at (714) 667-2341

### **St. Thomas More Catholic Church**

51 Marketplace

Irvine, CA 92602

Grief Share Groups Mondays 7-8:30 pm OR

Tuesdays 10-11:30 am

Register on [griefshare.org](http://griefshare.org)

## Laguna Niguel

### **St. Timothy Catholic Church**

29102 Crown Valley Parkway

Laguna Niguel, CA 92677

Grief Share Group Mondays 4-5:30 pm in the  
Upper Room

Contact: Patty at [patty.mouton@alzoc.org](mailto:patty.mouton@alzoc.org)

## Lake Forest

### **Santiago de Compostela Catholic Church**

21682 Lake Forest Drive

Lake Forest, CA 92630

Grief Share Support Group

Register on [griefshare.org](http://griefshare.org)

## Mission Viejo

### **St. Kilian Catholic Church**

26872 Estanciero Drive

Mission Viejo, CA 92691

Bethany Bereavement Group - Sessions are  
held each Thursday at 1 pm

Contact: (949) 586-4440

## Placentia

### **St. Joseph Catholic Church**

717 N. Bradford Avenue

Placentia, CA 92870

Passages Grief Support Group

Contact: Teresa Thompson (714) 996-1846 or

text (714) 458-6191

## San Juan Capistrano

### **Mission Basilica Pastoral Center**

31520 Camino Capistrano

San Juan Capistrano, CA 92675

Widows group on Tuesdays

Contact: (949) 234-1360

## Yorba Linda

### **St. Martin de Porres Catholic Church**

19767 Yorba Linda Blvd.

Yorba Linda, CA 92886

1st & 3rd Saturdays of the month

in St. Elizabeth Room

Contact: Peggy Squires at (714) 270-2312

## **Catholic Grief Support for Loss of a Child**

### *The Emmaus Ministry for Grieving Parents*

Spiritual retreats for grieving parents whose  
children of any age have died by any cause, no  
matter how long ago. Contact: (800) 919-9332  
or [emfgp.org](http://emfgp.org)

### *Red Bird Ministries*

Resources and peer support to guide  
individuals and couples through loss of a child  
from pregnancy to adulthood. [redbird.love](http://redbird.love)



## **Orange County Grief Support Groups**

### *Compassionate Friends*

Grief Support for the loss of a child. Siblings  
over the age of 16 and grandparents also  
welcome.

### **Christ Lutheran Church**

820 W Imperial Hwy, Brea

Meets every 1st Thursday of each month at 7

pm or in Buena Park on the 3rd Tuesday

Contact: Yolanda & George (714) 335-4763

### **Lakeview Senior Center**

20 Lake Rd

Irvine, CA 92614

Meets every 1st Wednesday of each month  
7-8:45 pm

For information, call (714) 504-7042

### **Hoag Family Cancer Center**

1 Hoag Dr., Newport Beach, CA 92663

### *Facing Forward*

Every Thursday 3-4:30 pm

For more information, call: (949) 764-8358

### **Mariposa Women and Family Center**

812 W. Town and Country Road

Orange, CA 92868

Various Grief Groups for All Ages.

For more information and registration: call  
(714) 547-6494, [www.mariposacenter.org](http://www.mariposacenter.org)

